



Workshop Calendar - Spring/Summer 2009

| Date | Day of Week | Location | Times | Title of Workshop | Description of Workshop | Contact Person | Phone | Notes |
|-----------|-------------|-------------------------------|---------------|--|---|-------------------------|----------|---|
| 4/27/2009 | Lunes | Hayward Office | 7-9 pm | Inmunización | Lo positivo y negativo de las vacunas. Preguntas sobre la hoja azul del registro de vacunas. | Ariana Ortiz | 690-2159 | |
| 4/29/2009 | Wednesday | Hayward Office | 7-9pm | Including Children with Autism- part 1 | Provider and parent workshop on ASD, ways to include children in social/child care settings. | Sharyn McDavid | 584-3118 | |
| 5/4/2009 | Monday | Hayward office | 6-8pm | Parent Voices Meeting | Parent Advocacy | Jennifer Greppi-Freitas | 584-3115 | Free dinner and child care provided |
| 5/6/2009 | Wednesday | Sacramento | 7:30am-5:00pm | Stand for Children Day | March, rally, and day of advocacy at the State Capitol | Jennifer Greppi-Freitas | 584-3115 | Free meals, transportation and tee-shirt! |
| 5/6/2009 | 星期三 | Hayward Office | 7-9 pm | CHINESE Yoga for All Children | 和孩子一起做瑜珈 瑜珈對所有兒童的好處-請穿著舒適 | Iris Lin | 584-3117 | 中文現場翻譯 |
| 5/6/2009 | Wednesday | Hayward Office | 7-9 pm | Yoga for All Children | Benefits of yoga for all children, typically and atypically developing; dress to participate! | Linda Bringman | 584-3133 | English/Chinese |
| 5/7/2009 | Thursday | Hayward Office | 7-9 pm | Business of Family Child Care #1 | Contracts/Policies & Procedures | Pam Buckholz | 584-3114 | |
| 5/7/2009 | Thursday | Hayward Office | 7-9 pm | Singing and Signing with Children | Including all children in rich language experiences | Linda Bringman | 584-3133 | English/Spanish |
| 5/7/2009 | Jueves | Hayward Office | 7-9pm | Lenguaje de Señas y Cantando con Niños | Incluya a todos los niños en una experiencia rica en el lenguaje | Ariana Ortiz | 690-2159 | Inglés/Español |
| 5/8/2009 | Friday | Hayward Office | 7-9 pm | Many Right Ways | Designing your home environment | Pam Buckholz | 584-3114 | |
| 5/13/2009 | 星期三 | Hayward Office | 7-9 pm | Chinese Support Group | 華人托兒工作者聯誼會 分享經驗及牌照資訊 | Iris Lin | 584-3117 | 中文 |
| 5/14/2009 | Thursday | Hayward Office | 7-9 pm | Business of Family Child Care #2 | Record Keeping & Taxes | Pam Buckholz | 584-3114 | |
| 5/15/2009 | Friday | Hayward Office | 7-9 pm | Yoga for All Children | Benefits of yoga for all children, typically and atypically developing; dress to participate! | Linda Bringman | 584-3133 | English/Spanish |
| 5/15/2009 | Viernes | Hayward Office | 7-9pm | Haciendo Yoga con Niños | Aprenda como puede incorporar movimientos de yoga divertidos y simples en las rutinas diarias; Vistase para participar! | Ariana Ortiz | 690-2159 | Inglés/Español |
| 5/15/2009 | Friday | Hayward Office | 7-9 pm | Insurance & Liabilities | Current FCC and prospective | Pam Buckholz | 584-3114 | |
| 5/18/2009 | Monday | Hayward Office | 630-8:30pm | Book Study Group | Discussion of Janet Gonzalez-Mena's book Diversity in Early Care and Education: Honoring Differences | Linda Bringman | 584-3133 | Series |
| 5/21/2009 | 星期四 | Fremont Office | 7-9 pm | Chinese Support Group | 華人托兒工作者聯誼會 分享經驗及牌照資訊 | Iris Lin | 584-3117 | 中文 |
| 5/21/2009 | Thursday | Hayward Office | 7-9 pm | Business of Family Child Care #3 | Beyond Health and Safety | Pam Buckholz | 584-3114 | |
| 5/27/2009 | 星期三 | Fremont Office | 7-9 pm | CHINESE Singing and Signing with Children | 簡單易學的美國兒歌及手語 | Iris Lin | 584-3117 | 中文現場翻譯 |
| 5/27/2009 | Wednesday | Fremont Office | 7-9 pm | Singing and Signing with Children | Including all children in rich language experiences | Linda Bringman | 584-3133 | English/Chinese |
| 5/27/2009 | Wednesday | Hayward Office | 7-9 pm | Including Children with Autism- part 2 | Provider and parent workshop on ASD, ways to include children in social/child care settings. | Sharyn McDavid | 584-3118 | |
| 5/27/2009 | Wednesday | Ohlone College Computer Lab | 6:30-8:30pm | Basic Skills Computer Workshop | Learn the basics of using a computer | Janelle Crossley | 690-2152 | |
| 5/30/2009 | Sábado | Escuela de Adultos de Hayward | 9am-1pm | Taller de Habilidades Básicas en Computación | Aprenda lo básico sobre el uso de la computadora | Janelle Crossley | 690-2152 | |
| 5/30/2009 | Saturday | Hayward Office | 10 am - 2 pm | 4C's Children's Faire | Free activities, entertainment, and resources; fun for the entire family | | | |
| 6/1/2009 | Monday | Hayward Office | 6:30-8:30 pm | Play is Learning #1 | Exempt Provider training on play in the lives of children; all providers welcome, incentives for exempt providers | Linda Bringman | 584-3133 | Limited child care available |
| 6/4/2009 | Thursday | Hayward Office | 7-9 pm | KQED Math #1 | Math 1,2,3 & Beyond: A Multimedia Approach to Early Math | Linda Bringman | 584-3133 | Series |
| 6/5/2009 | Miércoles | Hayward Office | 7-9 pm | KQED Matemáticas #1 | ¡Las matemáticas están en todos lados! | Ariana Ortiz | 690-2159 | |
| 6/11/2009 | Thursday | Hayward Office | 7-9 pm | KQED Math #2 | Math 1,2,3 & Beyond: A Multimedia Approach to Early Math | Linda Bringman | 584-3133 | Series |

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|-----------|-------------|----------------|--------------|--|--|-------------------------|----------|-------------------------------------|
| 6/12/2009 | Miércoles | Hayward Office | 7-9 pm | KQED Matemáticas #2 | ¡Las matemáticas están en todos lados! | Ariana Ortiz | 690-2159 | |
| 6/15/2009 | Monday | Hayward Office | 6:30-8:30 pm | Play is Learning #2 | Exempt Provider training on the importance of the environment for play; all providers welcome, incentives for exempt providers | Linda Bringman | 584-3133 | Limited child care available |
| 6/19/2009 | Viernes | Hayward Office | 7:00-9:00 pm | Descubriendo Ciencia | Usando materiales gratuitos y económicos para el aprendizaje de ciencia con niños pequeños y preescolares | Lili Martinez | 584-3136 | |
| 6/25/2009 | Thursday | Hayward office | 6-8pm | Parent Voices Meeting | Parent Advocacy | Jennifer Greppi-Freitas | 584-3115 | Free dinner and child care provided |
| 6/29/2009 | Monday | Hayward Office | 6:30-8:30 pm | Play is Learning #3 | Exempt Provider training on play and learning; all providers welcome, incentives for exempt providers | Linda Bringman | 584-3133 | Limited child care available |
| 7/14/2009 | Tuesday | Fremont Office | 7:00-9:00 pm | Effects of Homelessness on Children and Families | Awareness of needs and strategies for responding | Linda Bringman | 584-3133 | |
| 7/28/2009 | Tuesday | Hayward Office | 7-9 pm | Eco-Healthy Child Care Environments | Art Supplies and Plastics | Pam Buckholz | 584-3114 | |
| 7/30/2009 | Thursday | Hayward Office | 6-8pm | Parent Voices Meeting | Parent Advocacy | Jennifer Greppi-Freitas | 584-3115 | Free dinner and child care provided |
| 7/31/2009 | Friday | Hayward Office | 7-9 pm | Business of FCC #1 | Contracts/Policies & Procedures | Pam Buckholz | 584-3114 | |
| 8/7/2009 | Thursday | Hayward Office | 7-9 pm | Business of Family Child Care #2 | Record Keeping & Taxes | Pam Buckholz | 584-3114 | |
| 8/14/2009 | Thursday | Hayward Office | 7-9 pm | Business of Family Child Care #3 | Beyond Health and Safety | Pam Buckholz | 584-3114 | |
| 8/21/2009 | Viernes | Hayward Office | 7:00-9:00 pm | Literatura | Promoviendo Literatura a través de Actividades Divertidas | Lili Martinez | 584-3136 | |
| 8/27/2009 | Thursday | Hayward Office | 6-8pm | Parent Voices Meeting | Parent Advocacy | Jennifer Greppi-Freitas | 584-3115 | Free dinner and child care provided |

WORKSHOP FLYERS AVAILABLE ON 4C'S WEB CALENDAR AT www.4c-alameda.org

WORKSHOP POLICY:

- (1) Preregistration is required for some workshops and highly recommended for all others. We sometimes close or cancel a workshop for various reasons; when this happens, every effort will be made to notify those who are registered.
- (2) If you need any accommodations to participate fully in a 4C's workshop, please make arrangements with our Inclusion Services Coordinator at 510-584-3118.
- (3) 4C's strives to provide a fragrance-free training environment. Please refrain from wearing scented products; persons with environmental sensitivities may be in attendance .
- (4) Unless child care is specifically mentioned in a flyer, workshops are planned for adult participants only. Please leave all children at home or find alternate child care. Special arrangements can be made for breastfeeding mothers – please inquire when registering.

REGLAS DE TALLERES DE 4C'S:

- (1) Para algunos talleres se requiere que se pre-registre y para otros taller es altamente recomendado . A veces cerramos o cancelamos talleres por varias razones; cuando esto pase, haremos lo más posible para notificar a aquellos que se registraron.
- (2) Si necesita acomodados para poder participar totalmente en un taller de 4C's, por favor, haga arreglos con nuestro Coordinador de Servicios de Inclusión al 510-584-3118.
- (3) 4C's se esfuerza por proveer un medio ambiente de entrenamiento libre de fragancia. Por favor absténgase de usar productos perfumados; personas con sensibilidad del ambiente pueden estar presentes.
- (4) Al menos que el volante especifique cuidado infantil, los talleres son planeados para participantes adultos solamente. Por favor deje a los niños en casa o busque cuidado infantil alterno. Se pueden hacer arreglos especiales para las madres que están amamantando - favor de preguntar a la hora de registrarse.

4C's 講座政策

- (1)部份4C's的講座規定參加者必須事先報名,我們並強烈地建議您事先報名所有想參加的講座。因各種不同理由我們有時需要終止或取消某個講座;當這種狀況發生時,我們會盡一切努力通知有事先報名的人。
- (2)如果您有特殊需要才能全程參與 4C's 講座,請和我們的融合式服務協調主任 (Inclusion Service Coordinator) 接洽,以便做特殊安排,聯絡電話510-584-3118。
- (3)4C's努力提供一個「無香氣」的訓練環境。請節制使用有香氣的產品,講座在場人士中可能對環境場所十分敏感。
- (4)除非在講座傳單中有特別提到提供托兒服務,一般講座都只為大人規劃,請您把小孩留在家裡,或尋求其它的托兒代替方案。我們可以為還在哺乳的母親做特殊安排 – 請在報名時提出這項要求。