

## Training & Workshops

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4C's offers free and low cost training to family child care providers and child care center staff. We offer sessions in English, Spanish, and Chinese. To find out about current training opportunities see our online calendar or a printable list of upcoming events. Training E-UpdateTo receive periodic training announcements via email, sign up for our Training E-Update Workshop Policy

Pre-registration is required for some workshops and highly recommended for all others. We sometimes close or cancel a workshop for various reasons; when this happens, every effort will be made to notify those who are registered.

If you need any accommodations to participate fully in a 4C's workshop, please make arrangements with our Inclusion Services Coordinator at 510-584-3118.

4C's strives to provide a fragrance-free training environment. Please refrain from wearing scented products; persons with environmental sensitivities may be in attendance.

Unless child care is specifically mentioned in a flyer, workshops are planned for adult participants only. Please leave all children at home or find alternate child care. Special arrangements can be made for breastfeeding mothers – please inquire when registering