



Bringing the Protective Factors to Your Everyday Life!

Small but significant changes...

Join us for a Parent Café Experience

As part of our mission to cultivate child, family and community well-being, we will be hosting a Parent Café.

Date: Monday, 11/04/2019

Time: 5:00pm-7:30pm

Where: SIAC
27211 Tyrrell Ave.
Hayward CA 94544

For more information,
please contact:

Lizbeth Gonzalez, HPN Family
Navigator
510-584-3133
lizbethg@4c-alameda.org

Dinner and child care will be provided.

The 5 PROTECTIVE FACTORS

1. Social and Emotional Competence of Children
2. Knowledge of Parenting and Child Development
3. Social Connections
4. Parental Resilience
5. Concrete Support in Times of Need



This publication was made possible by Grant Number 90TP0015-01-01 from the Office of Child Care, Administration for Children and Families, U.S. Department of Health and Human Services.

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